

INTEGRATED PRIMARY CARE MENTAL HEALTH
ROTATION GOALS AND OBJECTIVES

Goal 1: Acquire skills necessary to function as a professional member of an interdisciplinary primary care treatment team, such as MH triage, crisis response, and interdisciplinary and across-clinic treatment planning and implementation.

Objectives for Goal 1:	<u>Met</u>	<u>W/Rem</u>	<u>N/M</u>
1. Conduct diagnostic interviews w/ Veterans consulted to PCMHI. Complete documentation and appropriate progress note. Schedule patient for future appointments as needed. Refer patient if needed.			
2. Conduct diagnostic interviews w/ Veterans presenting to Primary Care Clinics as “walk-ins.” Complete documentation and consult with other staff and hospital wide providers, as needed. Schedule patients for future appointments as needed. Refer patient if needed.			
3. Attend interdisciplinary treatment (IDT) meetings. Assist in treatment planning for patients being treated in Primary Care. Help design comprehensive treatment plans. Present cases regularly.			

Goal 2: Acquire advanced skills in providing supportive individual psychotherapy to Veterans being treated in the Primary Care.

Objectives for Goal 2:	<u>Met</u>	<u>W/Rem</u>	<u>N/M</u>
1. <u>Clock approximately 20 hours of supportive 1:1 psychotherapy per week. This amount of time can vary depending on other PMCHI Clinic demands and workload.</u>			
2. Plan for and conduct (when appropriate and possible) pre/post assessments of patients seen for 1:1 psychotherapy.			
3. Document each 1:1 session and telephone encounter in the medical record in a timely manner and according to VA rules and regulations regarding charting.			
4. Check VISTA ^SMAN at end of each day to confirm that ENCOUNTERS for each scheduled appointment have been properly completed.			
5. Consult with treatment team and/or primary care staff as needed for Veterans who need additional and/or special services. Refer if needed.			
6. As requested by your supervisor, provide videotaped psychotherapy sessions for review/supervision.			

Goal 3: Acquire skills and knowledge necessary to function in the role of patient education resource related to disease process.

Objectives for Goal 3:	<u>Met</u>	<u>W/Rem</u>	<u>N/M</u>
1. Review the following sections of DSM-IV: <ul style="list-style-type: none"> a. Delirium, Dementia and Amnesic and Other Cognitive Disorders b. Substance-Related Disorders c. Schizophrenia and Other Psychotic Disorders d. Mood Disorders e. Anxiety Disorders f. Impulse-Control Disorders Not Elsewhere Classified g. Adjustment Disorders h. Personality Disorders i. Additional Codes – Pain Disorder, Parasomnias 			
2. Be available to Veterans you work with in individual and/or group psychotherapy to discuss their primary psychiatric diagnosis and prognosis for treatment. Alert staff when away from rotation site, so that such efforts can be coordinated if needed. Provide staff options for making contact with you when away from clinic, so that such efforts can be coordinated with you upon your return.			
3. When such education is provided, document each patient education contact in the medical record in a timely fashion and in accordance with VA rules and regulations. If more substantial or recurring education is needed, help Veteran and/or clinic to coordinate said educational treatment.			
4. Seek out opportunities to provide psychoeducational presentations and workshops for Veterans as needed.			

NOTE: These are the minimum requirements for the rotation.

Met: Intern demonstrates satisfactory mastery of objective.

W/Rem: Intern needs remedial work in this area, which will be specified below.

N/A: Object was not met due to factors beyond the Intern's control

I have read, understand and agree to work towards the rotations goals and objectives.

 Intern Signature Date Supervisor's Signature Date