

# Breakout Session G :

PCMH Collaboration Across the  
State -  
The Ohio Story

2014 PCPCC Annual Fall Conference  
Nov. 13, 2014  
Washington, DC

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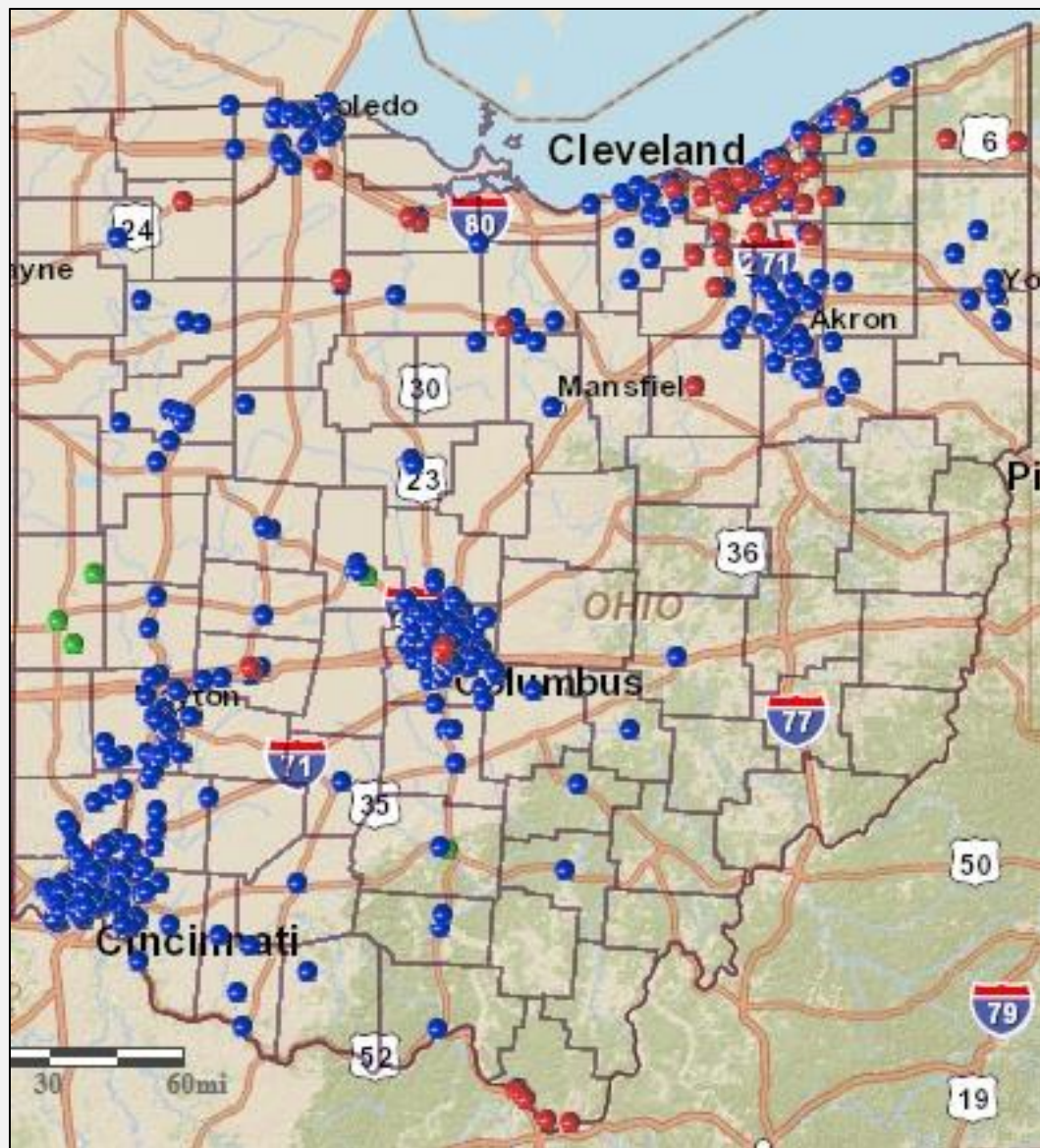
# The Ohio Story

- Moderator - Ted Wymyslo MD
- Panel - Richard Shonk MD - Cincinnati Region
- Jeff Biehl - Columbus Region
- Randy Cebul MD - Cleveland Region
- Ted Wymyslo MD - The State Engagement

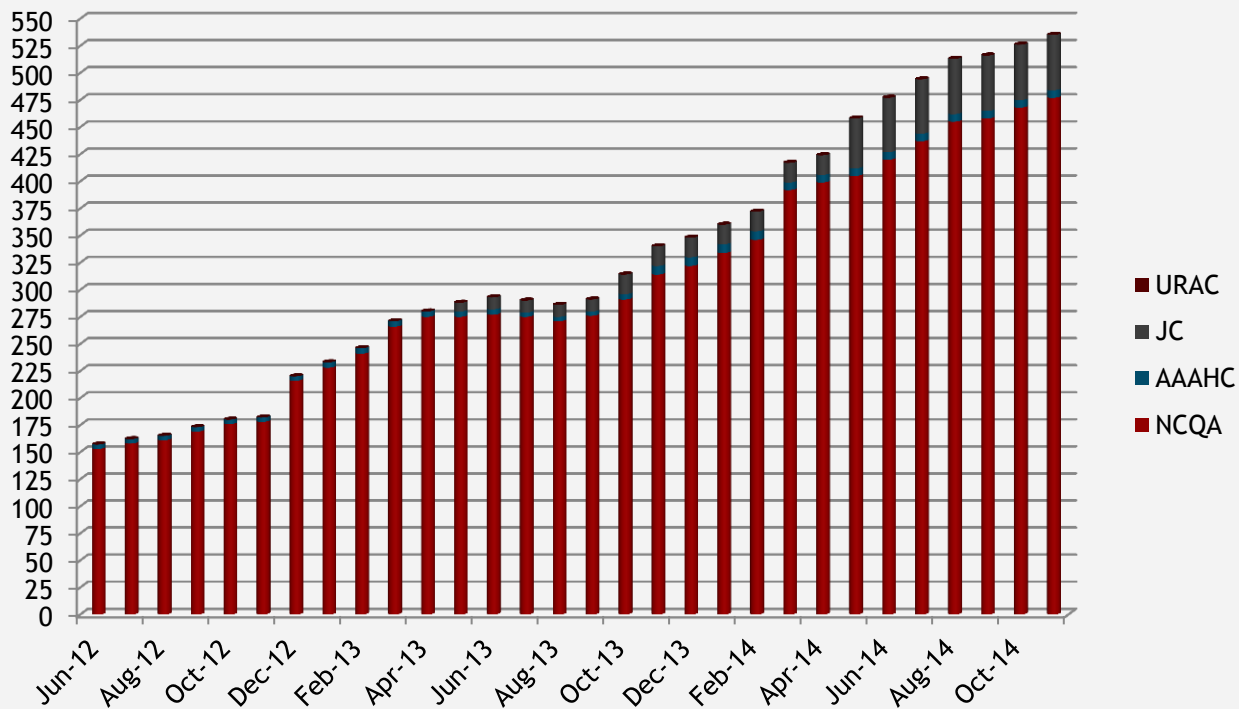
# Ohio – The Buckeye State

- Population - 11.57 million (7<sup>th</sup> largest population, 34<sup>th</sup> in size)
- Medicaid population - 2.34 million (20%)
- 7 medical schools
- Unemployment rate - 5.6% (seasonally adjusted)-(cf US-5.9%)
- State Health Ranking - 40 (2013)

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# Ohio PCMH Recognized Sites November, 2014



# Ohio PCMH Recognized Sites November, 2014

- NCQA - 477 sites
- TJC - 51 sites
- AAAHC - 7 sites
- TOTAL =535 sites



November 2014

# OPCPCc Initiative: Synergy through Synchronization

Richard F. Shonk, MD, PhD

Chief Medical Officer



# Cincinnati Regional Health Transformation

Better Care. Better Health. Lower Cost.



GREATER  
CINCINNATI  
**HEALTH  
COUNCIL**

*Creating connections. Improving care.*

**The Health Collaborative**  
where collaboration creates transformation



**HealthBridge**

Better information. Better care. Better outcomes.

GREATER CINCINNATI  
**HEALTH COUNCIL**

THE HEALTH  
COLLABORATIVE

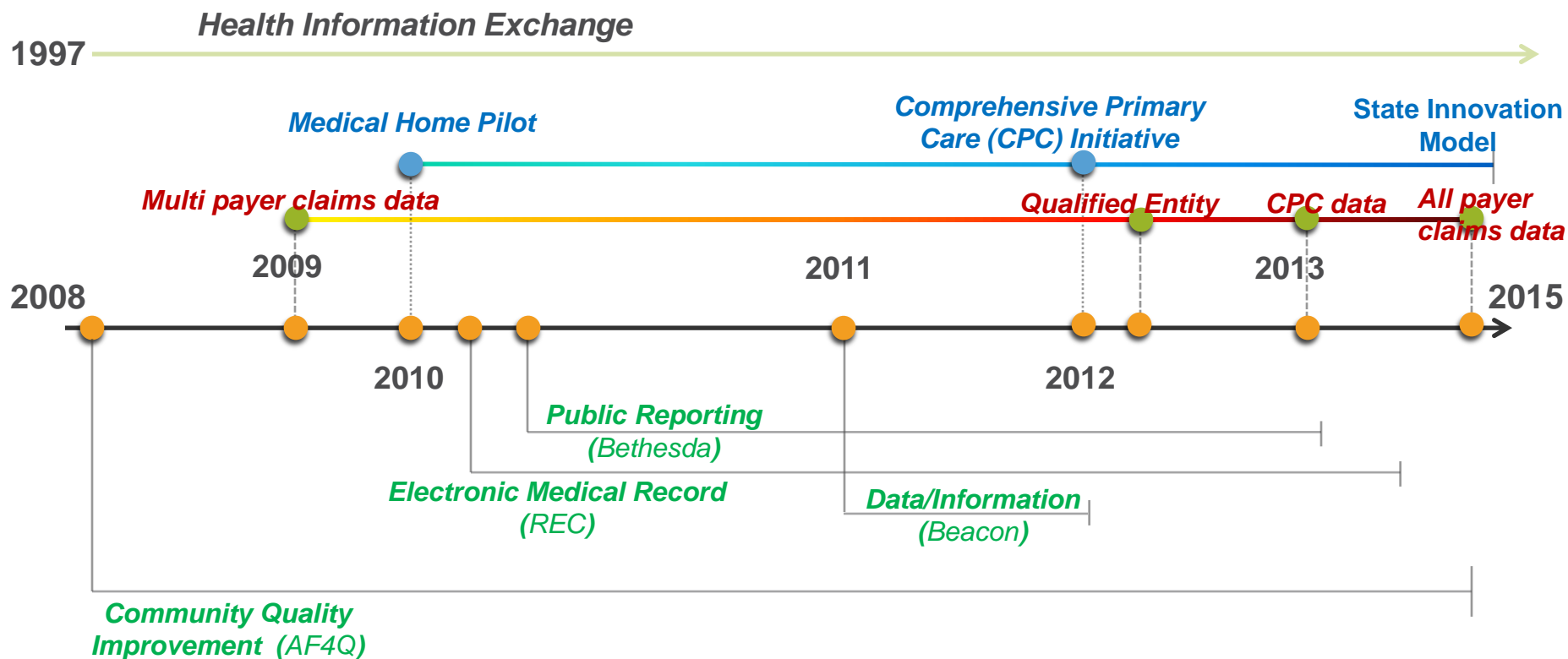
HEALTH  
BRIDGE





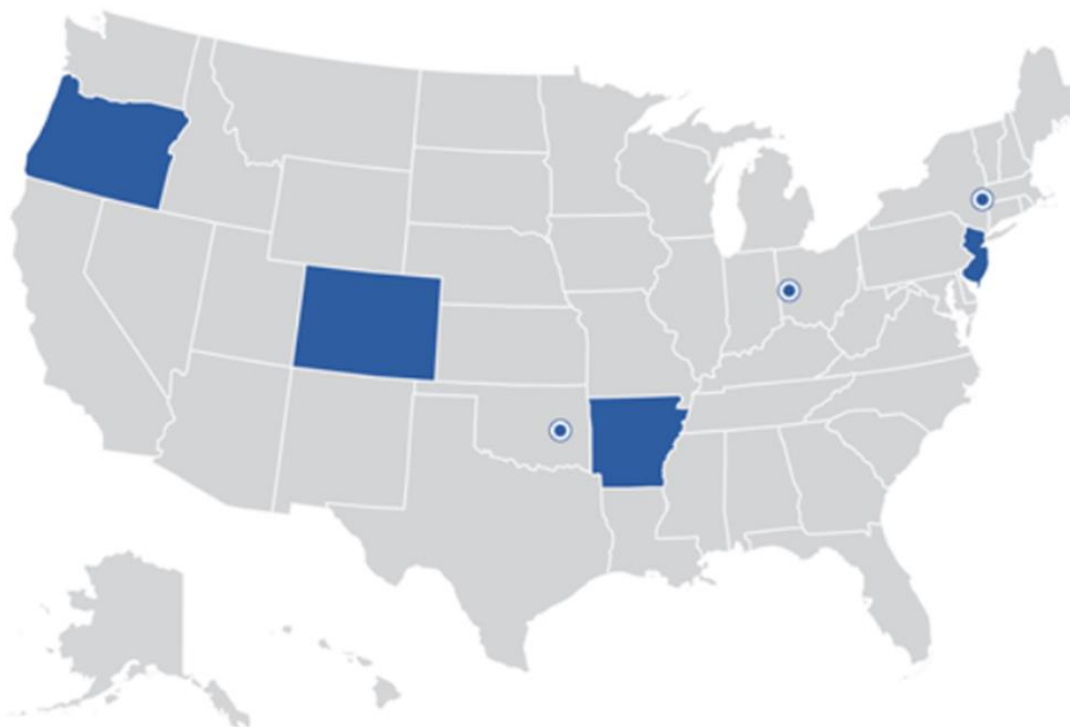
# How we got here...

## And where we are headed



# CPCi Markets

## The Participating Practices

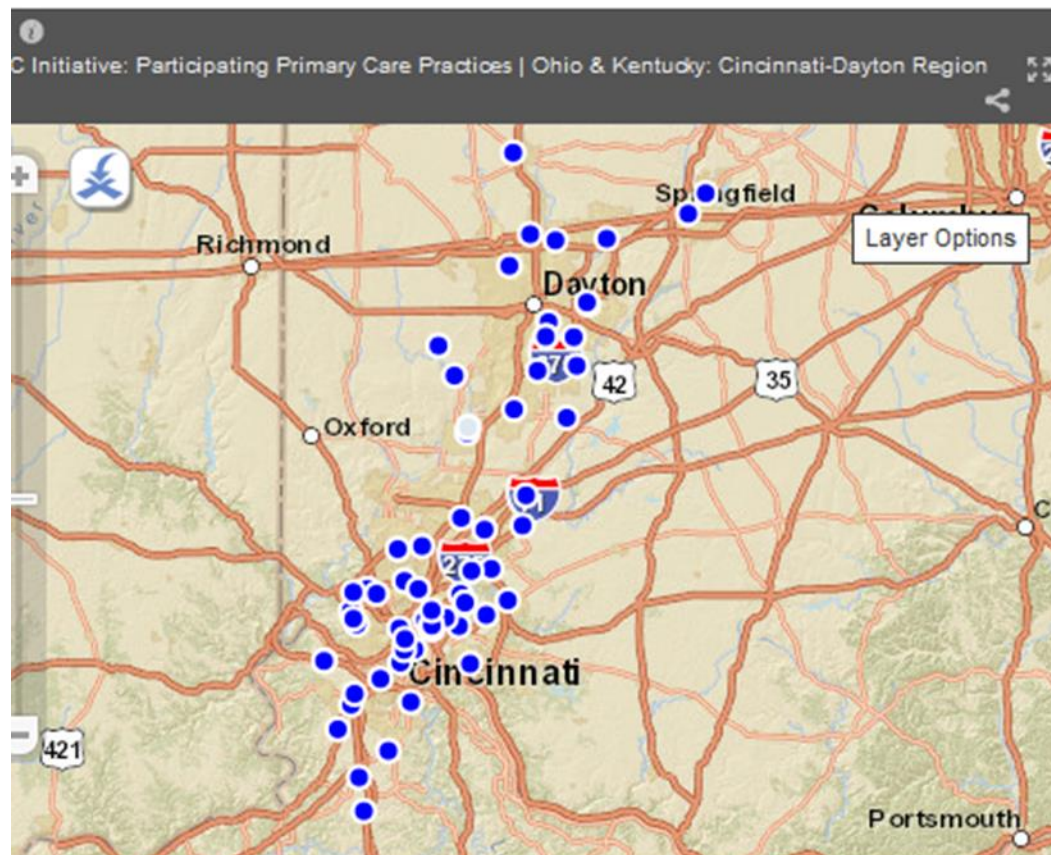


Source: Centers for Medicare & Medicaid Services

There are 500 primary care practices participating in the CPC initiative. ( [List](#) | [Map](#) )  
This represents 2,144 providers serving an estimated 313,000 Medicare beneficiaries.

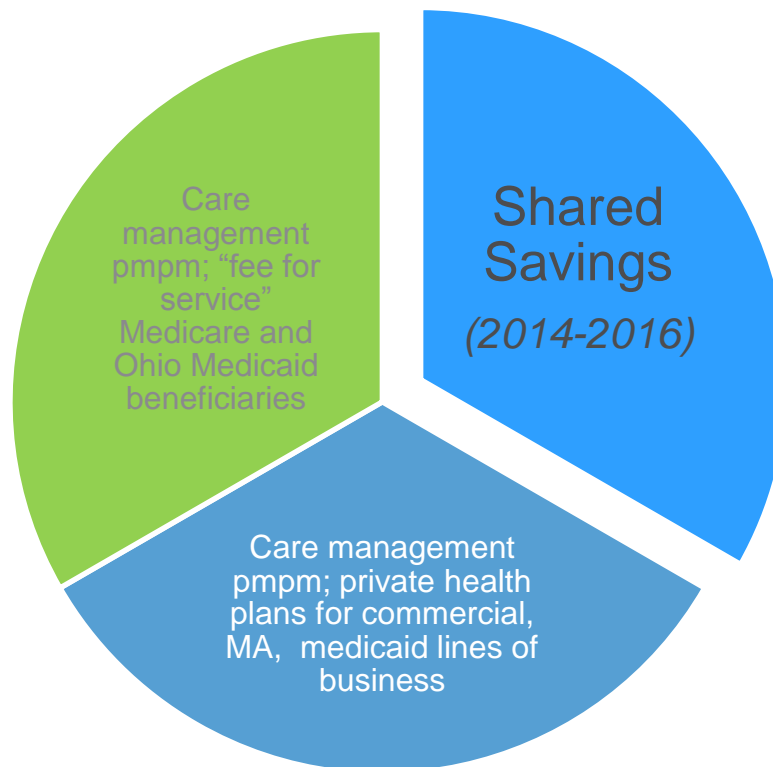
# Cincinnati/Dayton/Northern Kentucky Market

- ✿ 75 Practices
  - ✿ 1/3 Independent
  - ✿ 2/3 System
- ✿ 250 Physicians
- ✿ 220,000 lives
- ✿ 9 Payers
  - ✿ Aetna
  - ✿ Anthem
  - ✿ Caresource
  - ✿ Centene/Buckeye
  - ✿ CMS
  - ✿ Humana
  - ✿ Medical Mutual
  - ✿ Ohio Medicaid
  - ✿ UnitedHealthcare





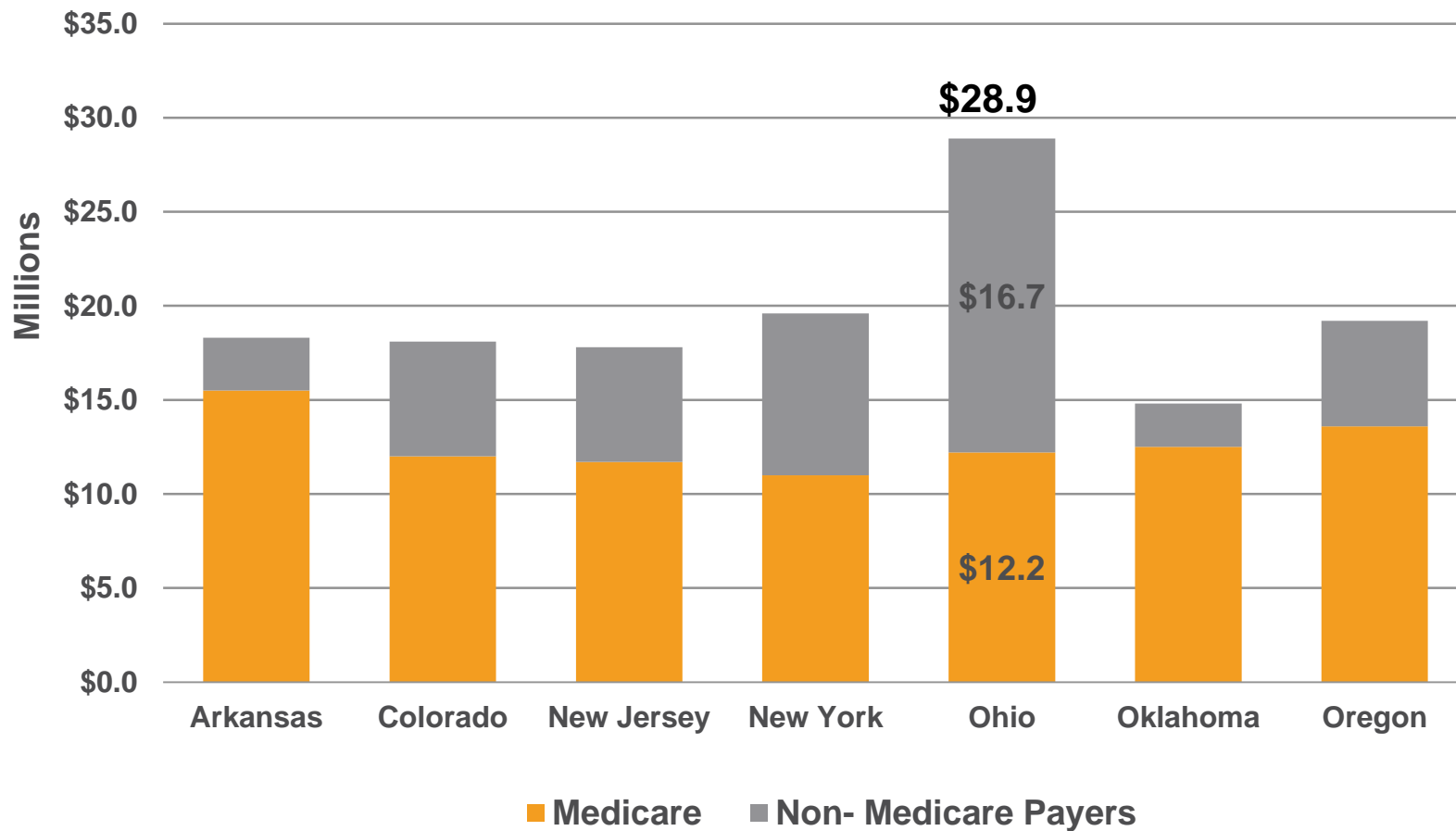
# Payment Model



Fee for Service + PMPM + Shared Savings = Total Reimbursement

# The CPC Investment

## Care Management Payments to Practices through 12/31/13



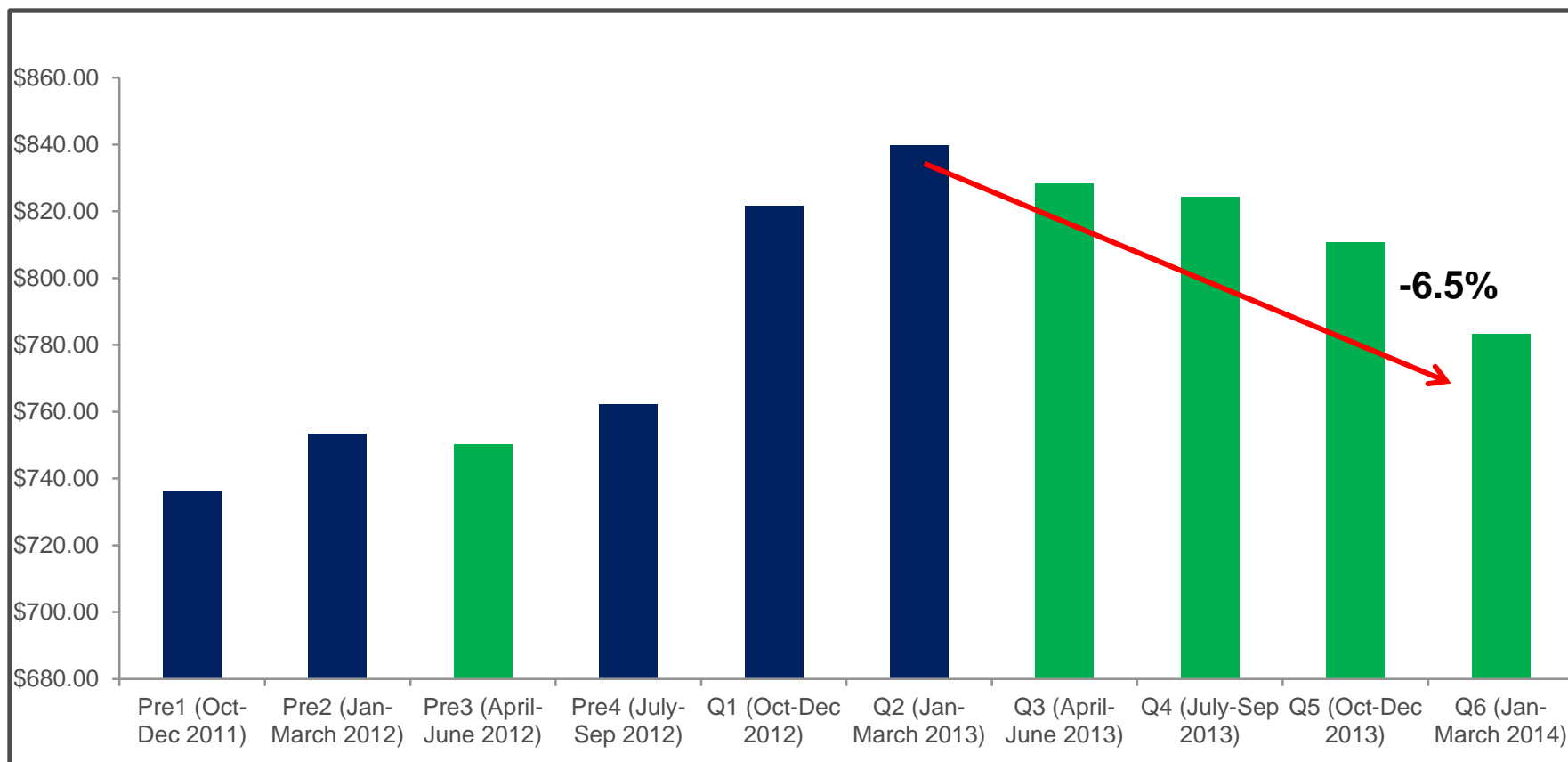


# Early Results





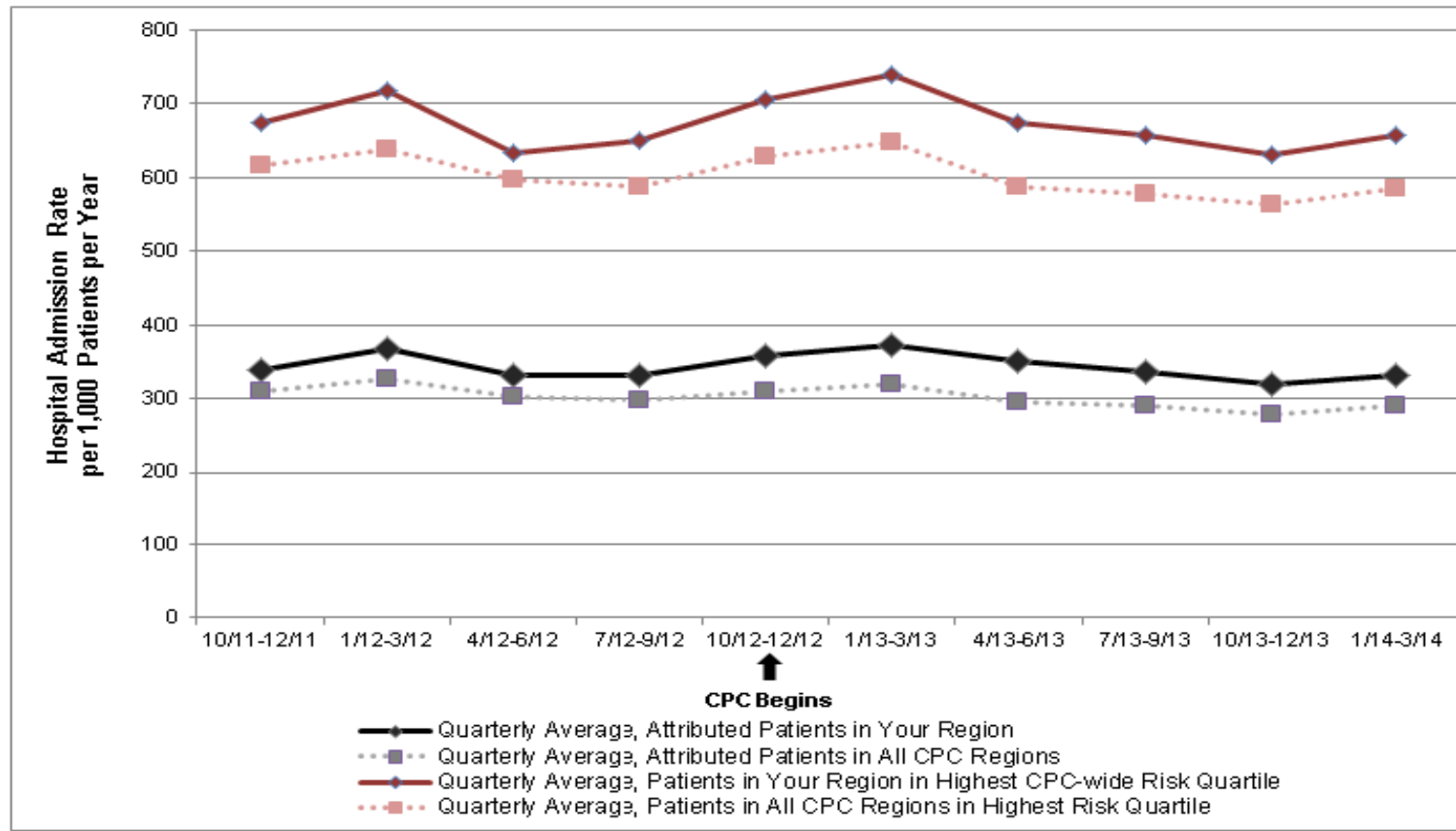
# Regional Quarterly Expenditures (PMPM) For Medicare FFS



# Hospital Admissions Medicare FFS Patients



**Figure 5. Hospital Admissions for Any Cause: Quarterly Trends in Average Rates per 1,000 Medicare FFS Patients (unadjusted)**



Source: Medicare claims data.

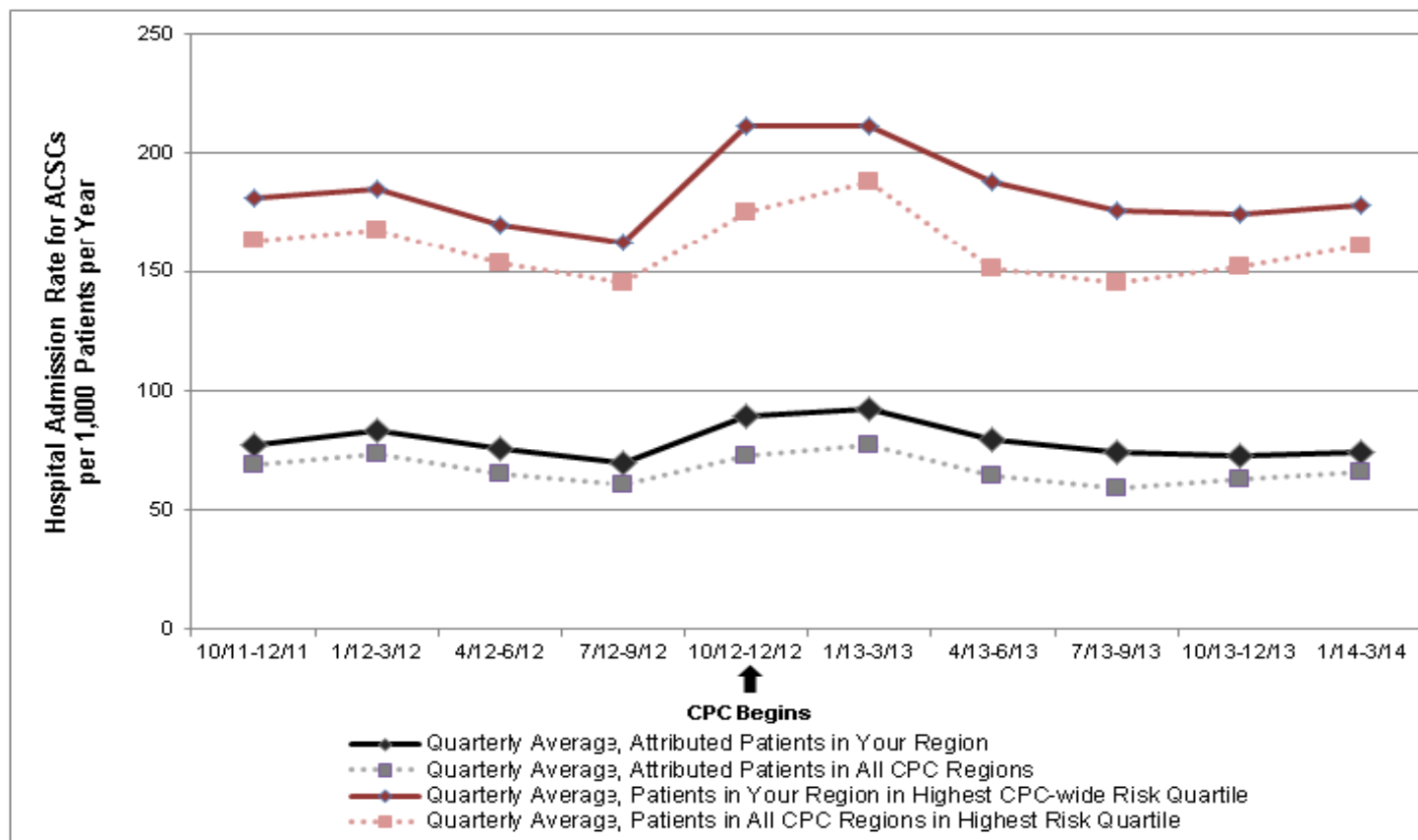
Notes: Data labels refer to averages among attributed patients in your region. Data are not risk-adjusted. For the most recent quarter, hospital admission rates represent preliminary estimates, adjusted for the lag in filing and processing Medicare claims.



# Hospital Admissions for Ambulatory Care-Sensitive Conditions



**Figure 6. Hospital Admissions for Ambulatory Care-Sensitive Conditions (ACSCs): Trends in Average Rates per 1,000 Medicare FFS Patients (unadjusted)**



Source: Medicare claims data.

Notes: Data labels refer to averages among attributed patients in your region. Data are not risk-adjusted. For the most recent quarter, hospital admission rates represent preliminary estimates, adjusted for the lag in filing and processing Medicare claims.

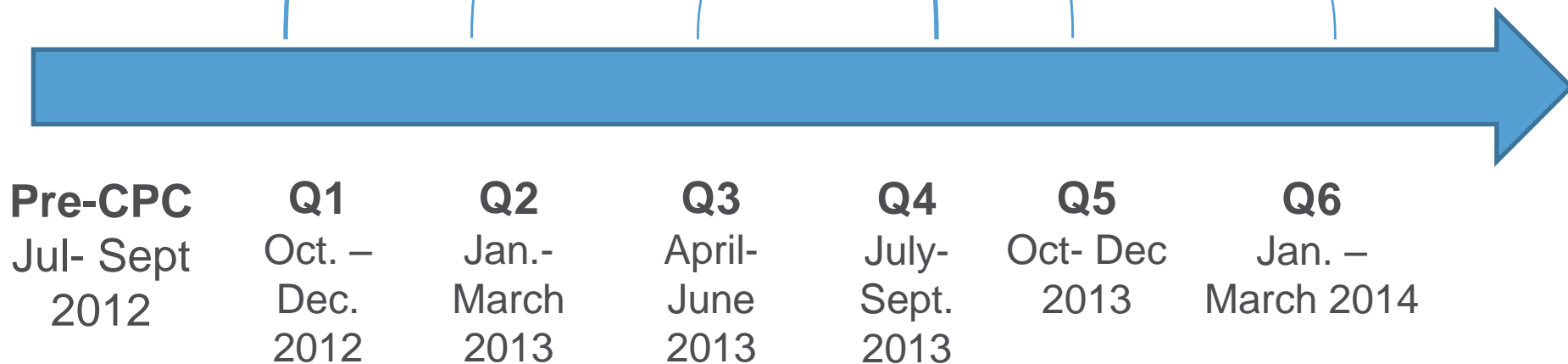
# CPC Time Frames for Practice Reporting (Medicare FFS)



Rolling 4 Quarter  
Average end Q4

Rolling 4 Quarter  
Average end Q5

Rolling 4 Quarter  
Average end Q6

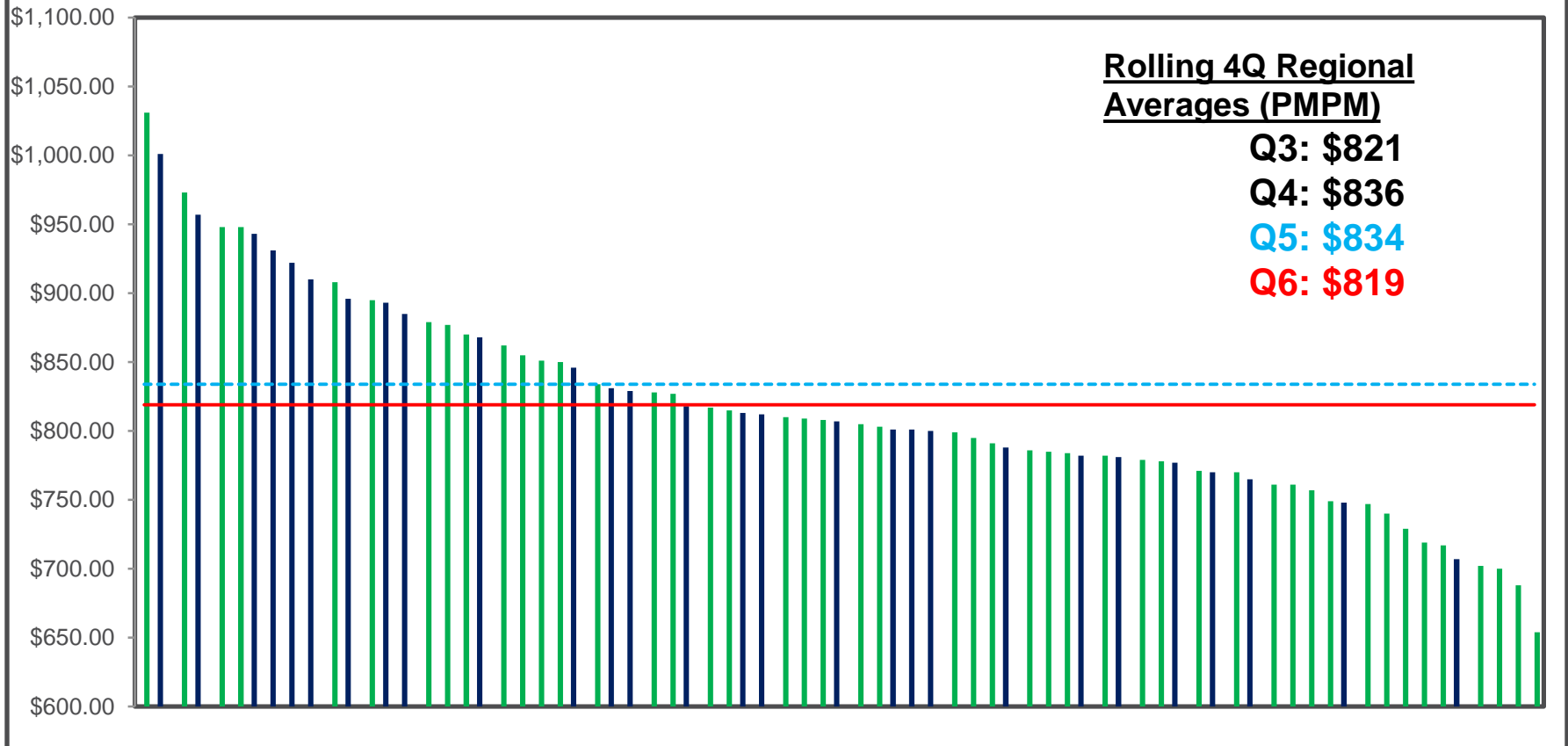


# Total Cost of Care

Practice Level; Medicare FFS PMPM; Risk Adjusted

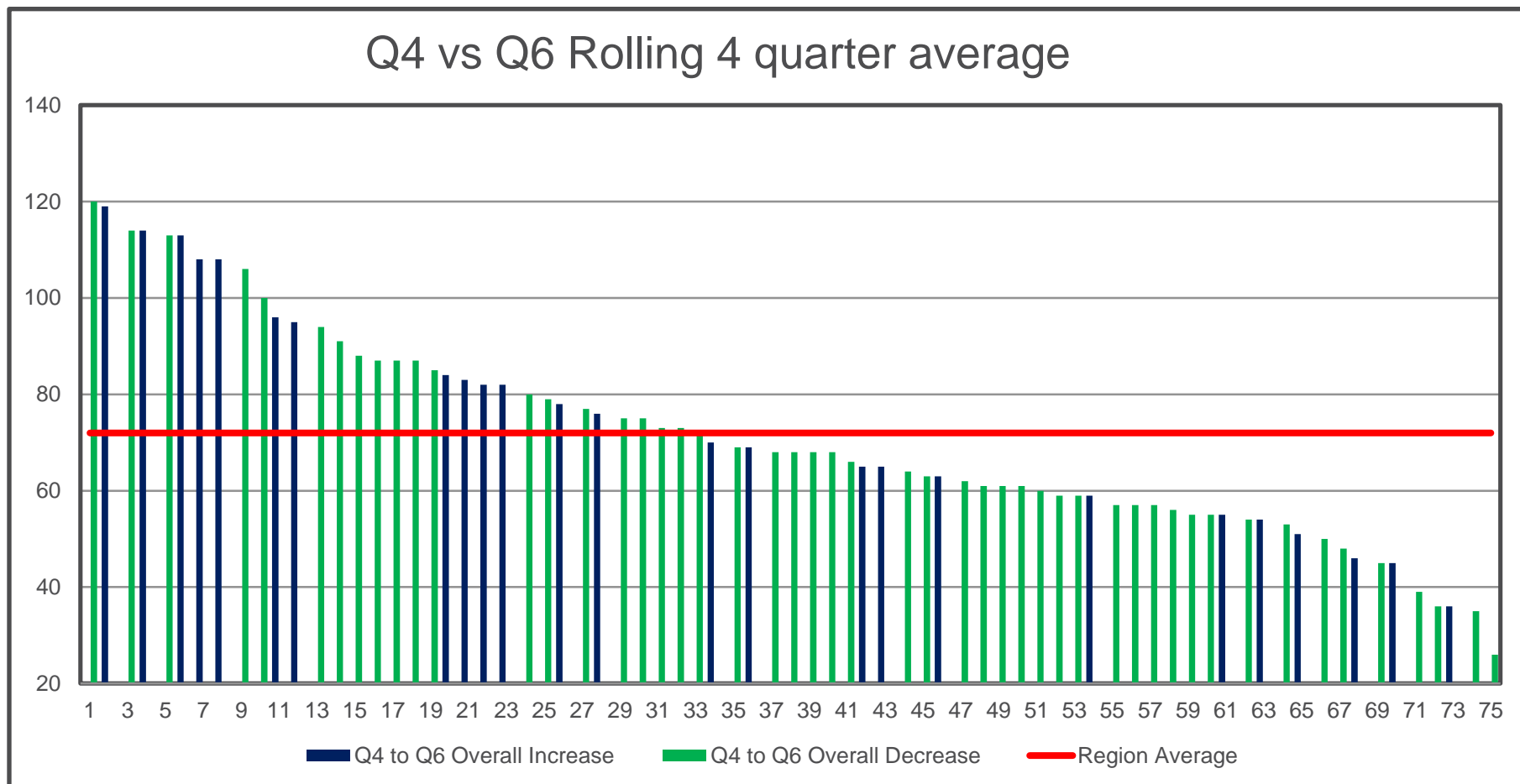


Q4 vs Q6 Rolling 4Q average



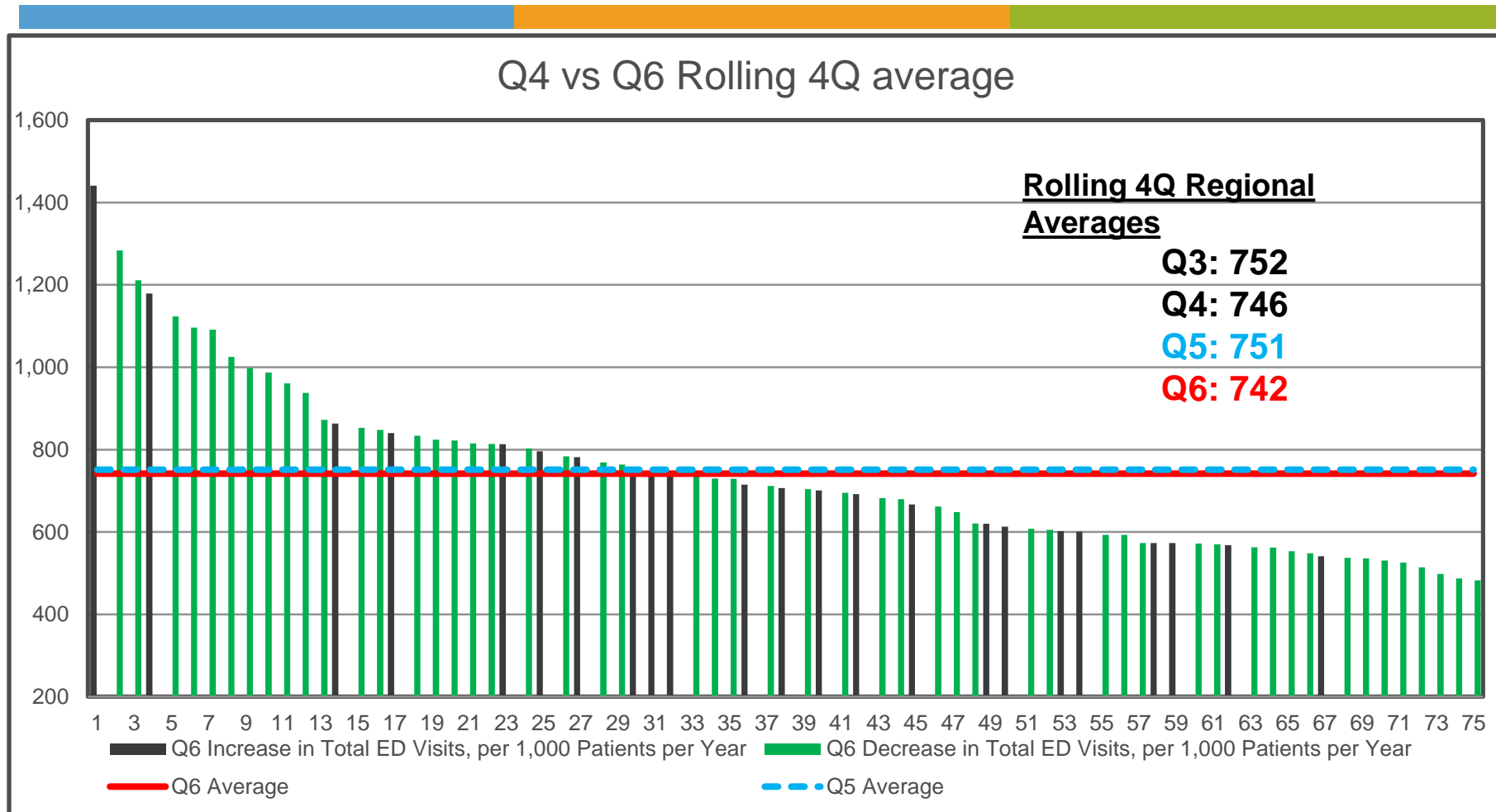
# Ambulatory Care Sensitive Admissions per 1,000

(Medicare FFS; Not Risk Adjusted)



# Average ED Visits/1000 By Practice

(Medicare FFS; Not Risk adjusted)





# Lessons Learned

## (All Infrastructure Related...)

- ❖ Electronic Health Record EHR
- ❖ Meaningful Use
- ❖ Critical Mass
- ❖ Health Information Exchanges
- ❖ Measurement of care delivery feedback loop
- ❖ Standardization of processes across payers
- ❖ Convening Support



# Lessons Being Learned

## (...And All Data Related)

- ⌘ Robust Credible Comprehensive View; “n” Power
  - ⌘ At The Practice Level
  - ⌘ Pay for Value requires Measurement of Value
- ⌘ Neutral “Source of Truth”
  - ⌘ Benefits of Co-Ownership
- ⌘ Attribution Tracking
- ⌘ Practice Quality/Process Improvement
- ⌘ Proof of Concept
- ⌘ Outcome targets



# 5-Year Goal for Payment Innovation

## Goal

80-90 percent of Ohio's population in some value-based payment model (combination of episodes- and population-based payment) within five years

## State's Role

- Shift rapidly to PCMH and episode model in Medicaid fee-for-service
- Require Medicaid MCO partners to participate and implement
- Incorporate into contracts of MCOs for state employee benefit program

### Patient-centered medical homes

### Episode-based payments

## Year 1

- In 2014 focus on Comprehensive Primary Care Initiative (CPCi)
- Payers agree to participate in design for elements where standardization and/or alignment is critical
- Multi-payer group begins enrollment strategy for one additional market

- State leads design of five episodes: asthma (acute exacerbation), perinatal, COPD exacerbation, PCI, and joint replacement
- Payers agree to participate in design process, launch reporting on at least 3 of 5 episodes in 2014 and tie to payment within year

## Year 3

- Model rolled out to all major markets
- 50% of patients are enrolled

- 20 episodes defined and launched across payers

## Year 5

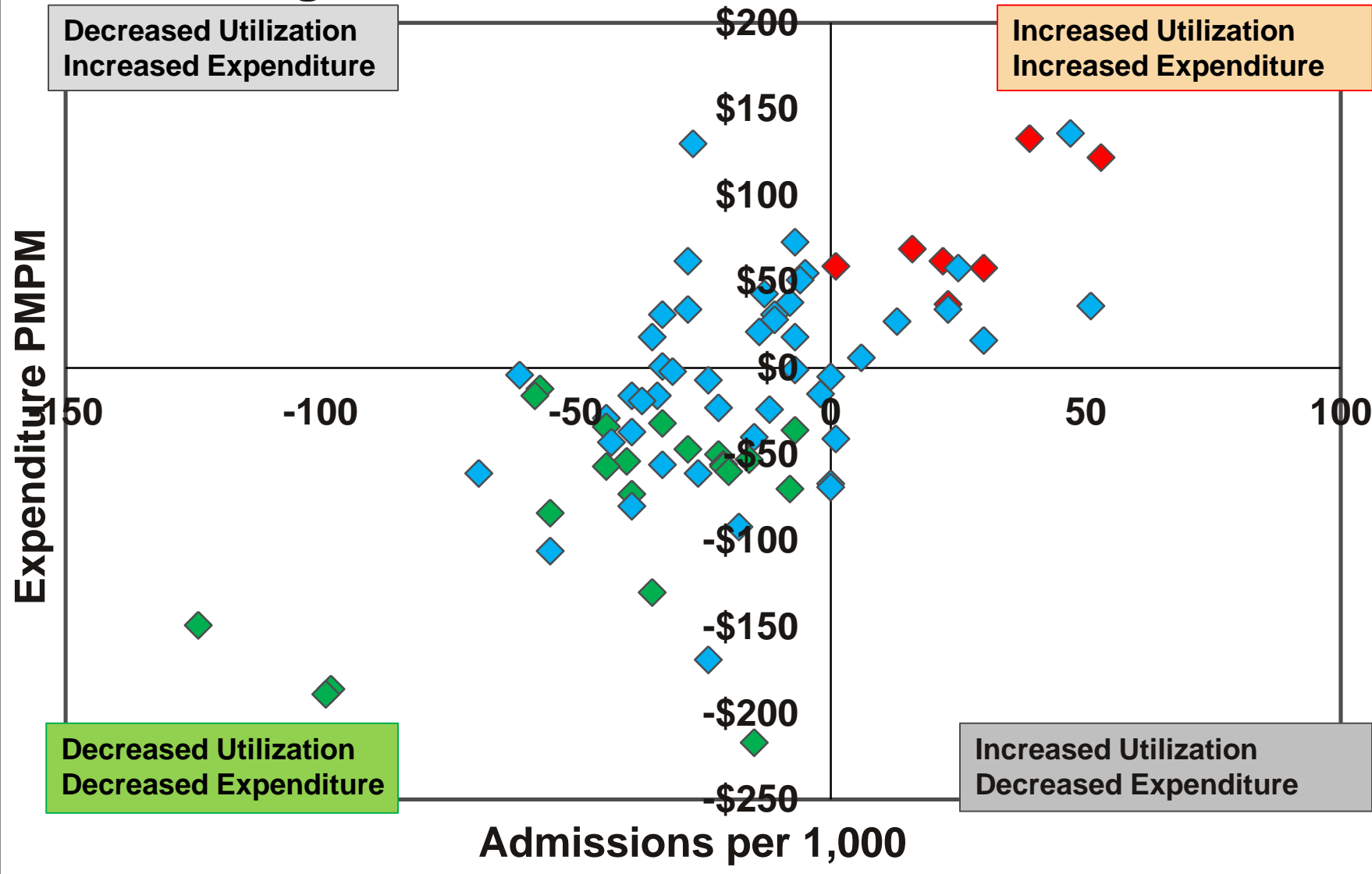
- Scale achieved state-wide
- 80% of patients are enrolled

- 50+ episodes defined and launched across payers

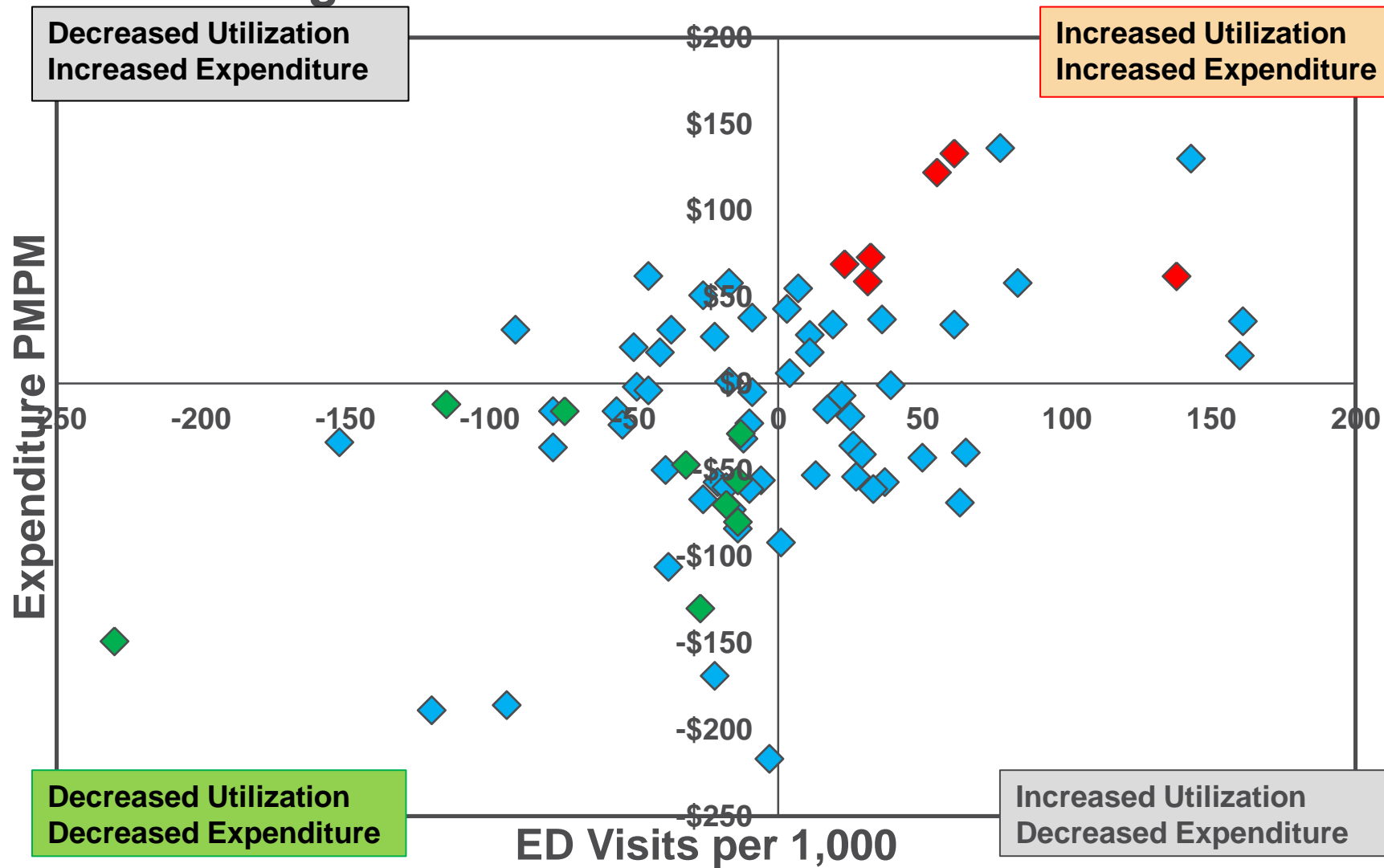


# Appendix

# Change in Admissions vs Total Cost of Care



# Change in ED Visits vs. Total Cost of Care



# PY 2013 Patient Experience Results

CAHPS	Region	All Regions
	Your Region's Median Score	All Region Median Score
CAHPS Overall Score	16.2	16.2

CAHPS	Region			All Regions		
	Never & Sometimes	Usually	Always	Never & Sometimes	Usually	Always
Getting timely Appointments, Care, and Information	13%	30%	57%	17%	29%	54%
How well providers communicate	4%	16%	80%	5%	17%	78%
Attention to Care from Other Providers	14%	14%	72%	16%	14%	70%
Shared decision making	17%	24%	59%	17%	23%	60%

CAHPS	Region		All Regions	
	No	Yes	No	Yes
Providers support patient in taking care of own health	56%	44%	55%	44%

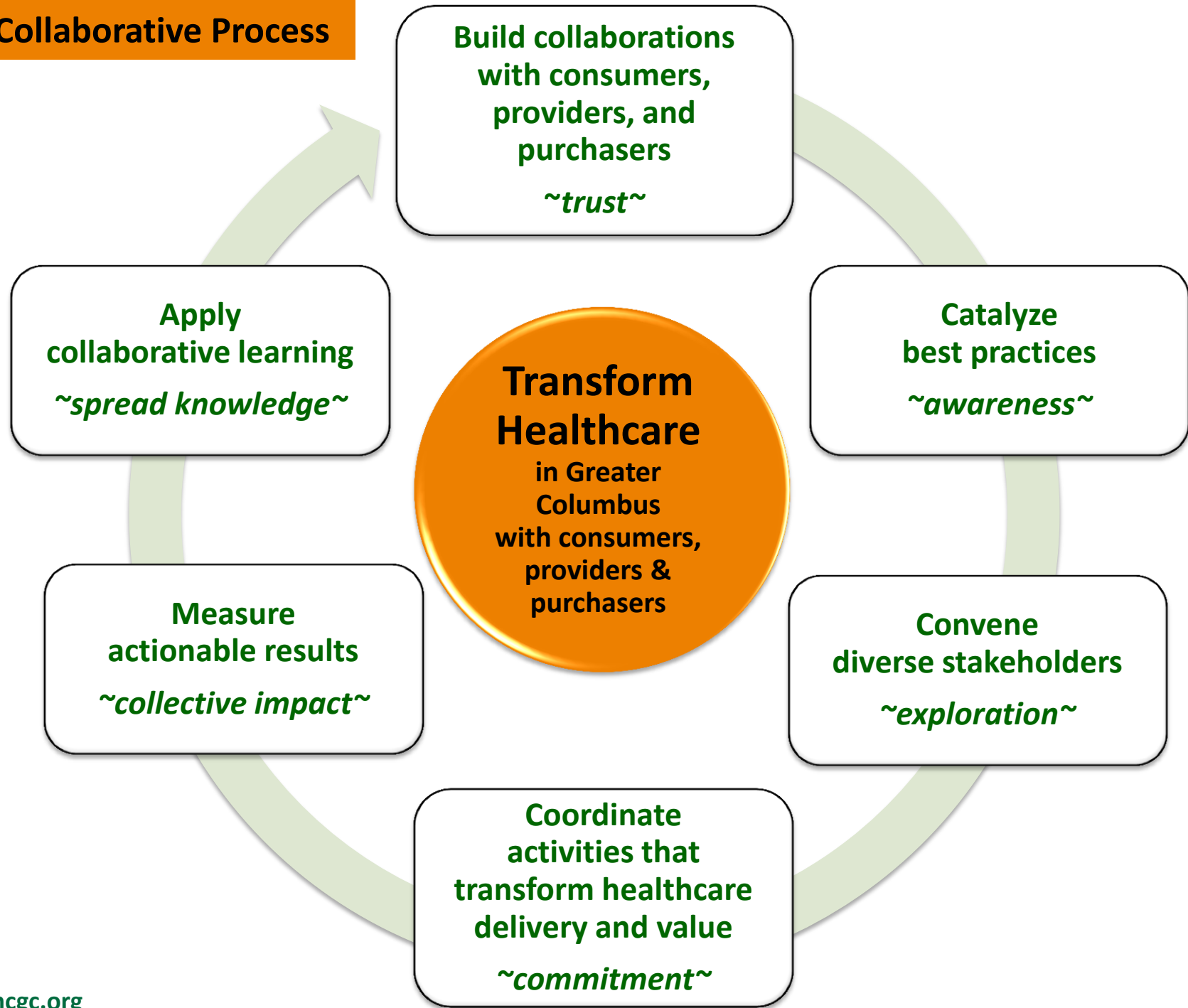
CAHPS	Region			All Regions		
	1 - 6	7 - 8	9 - 10	1 - 6	7 - 8	9 - 10
Patient Rating of provider	5%	18%	76%	7%	22%	71%

**The Healthcare Collaborative of Greater Columbus is a non-profit, public-private partnership. We serve as a catalyst, convener, and coordinator of healthcare transformation & learning in Greater Columbus.**

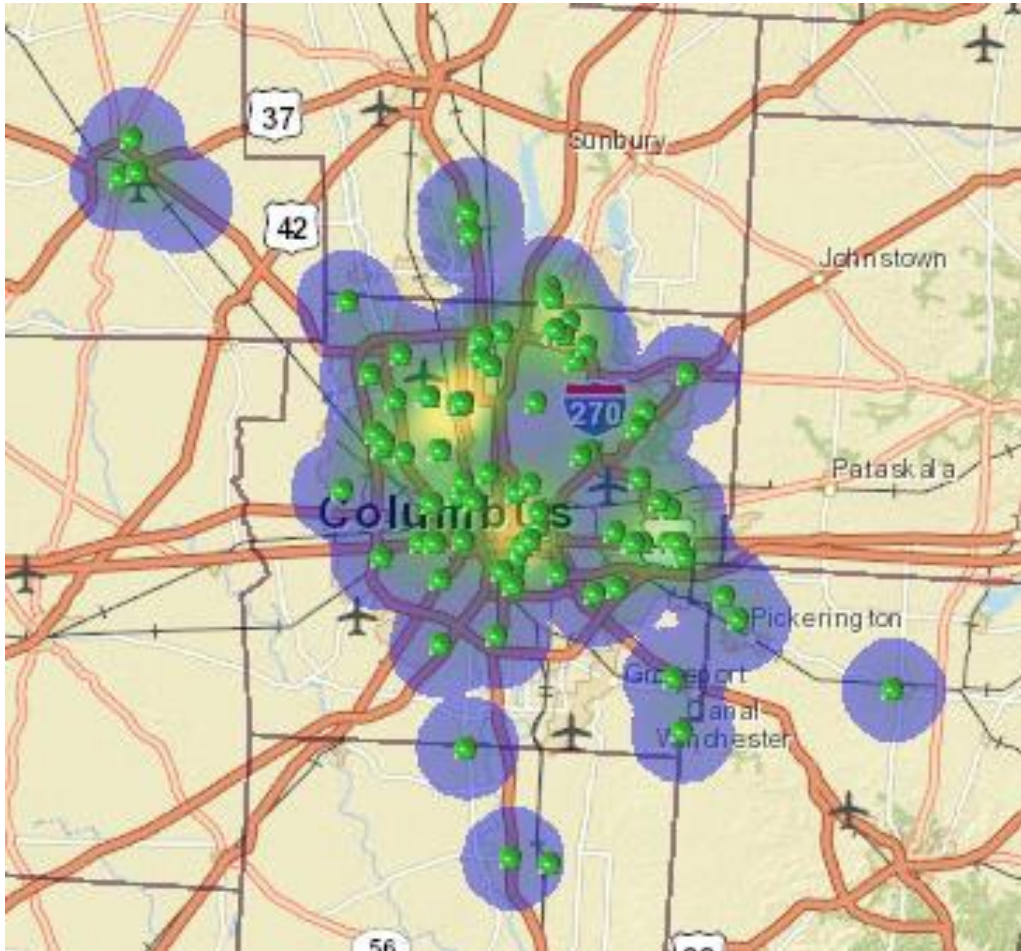
**Our Collaborative Approach**

- ✓ **The status of our healthcare situation is not acceptable in terms of its quality, safety, transparency, or cost.**
- ✓ **We strive for win-win solutions recognizing that change is required by all – consumers, providers, and purchasers.**
- ✓ **We believe the best solutions come from a collaborative approach – we seek no authority in our role as a catalyst/convener/coordinator**
- ✓ **We work together with our public-private partners to accelerate and scale innovation.**

# Our Collaborative Process



# PCMH Spread in Greater Columbus



✓ 2009 - PCMH pilot design

✓ 2010 - started with 7 diverse practice sites

✓ 2011-2013

PCMH transformation teams established in 4 hospital systems, largest FQHC and largest physician-owned group

100+ diverse PCMHs

✓ 2014 and beyond...

PCMHs advancing population health management

Value-based payments and benefit designs

SHARED RESPONSIBILITY

*...improve  
engagement  
between  
consumers,  
providers, and  
purchasers*



PATIENT-CENTERED PRIMARY CARE

*...improve the  
value of  
primary care*



HEALTHCARE TRANSPARENCY

*...improve  
access to  
information as  
a foundation for  
transformation*



COLLABORATIVE LEARNING

*...improve the  
application of  
learning in Greater  
Columbus*

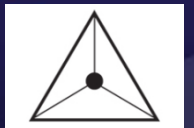




# Shortening the Path to Patient-Centered Care: Northeast Ohio

**PCPCC 2014 Annual Fall Conference  
Washington, DC  
November 13, 2014**

**Randall D. Cebul, MD**  
**President, Better Health *Greater* Cleveland**  
[rdc@case.edu](mailto:rdc@case.edu)



# Regional Health Improvement Collaboratives Supported by RWJF

Aligning Forces for Quality Communities



## Common Expectations

- Triple Aim: Improve care, health, and costs for persons with chronic conditions
- Focus on primary care
- >50% saturation of health care market
- Support Region-wide QI
- Publicly report achievement
- Support payment reform



# Better Health *Greater* Cleveland

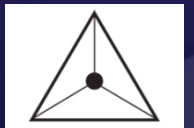
- **Vision**

To help make northeast Ohio a healthier place to live and a better place to do business.

- **Mission**

To provide a safe space for health care competitors to collaborate

*Provider and population health driven  
EMR catalyzed*

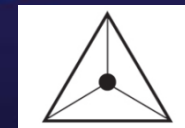


# Shortening the Path to Patient-Centered Care: Where We Are, Where We're Going

*Patient-centered and coordinated care  
Paying for Value and Outcomes*



*Fragmented care  
Paying for Volume  
of Services*





# 80 Practices



# Practice Coaches Help with PCMH and Improvement



**Linda**  
**NCQA PCMH App**  
**HIT**



**Rehan**  
**HIT**  
**Improving Metrics**



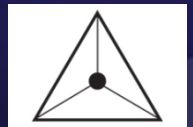
**Bonnie**  
**HIT**  
**Workflow**  
**NCQA PCMH App**



**Kristin**  
**PHQ-9 Implementation**  
**Depression Workflow**



**Aleece**  
**CAHPS**  
**CW**  
**Re-Cert**



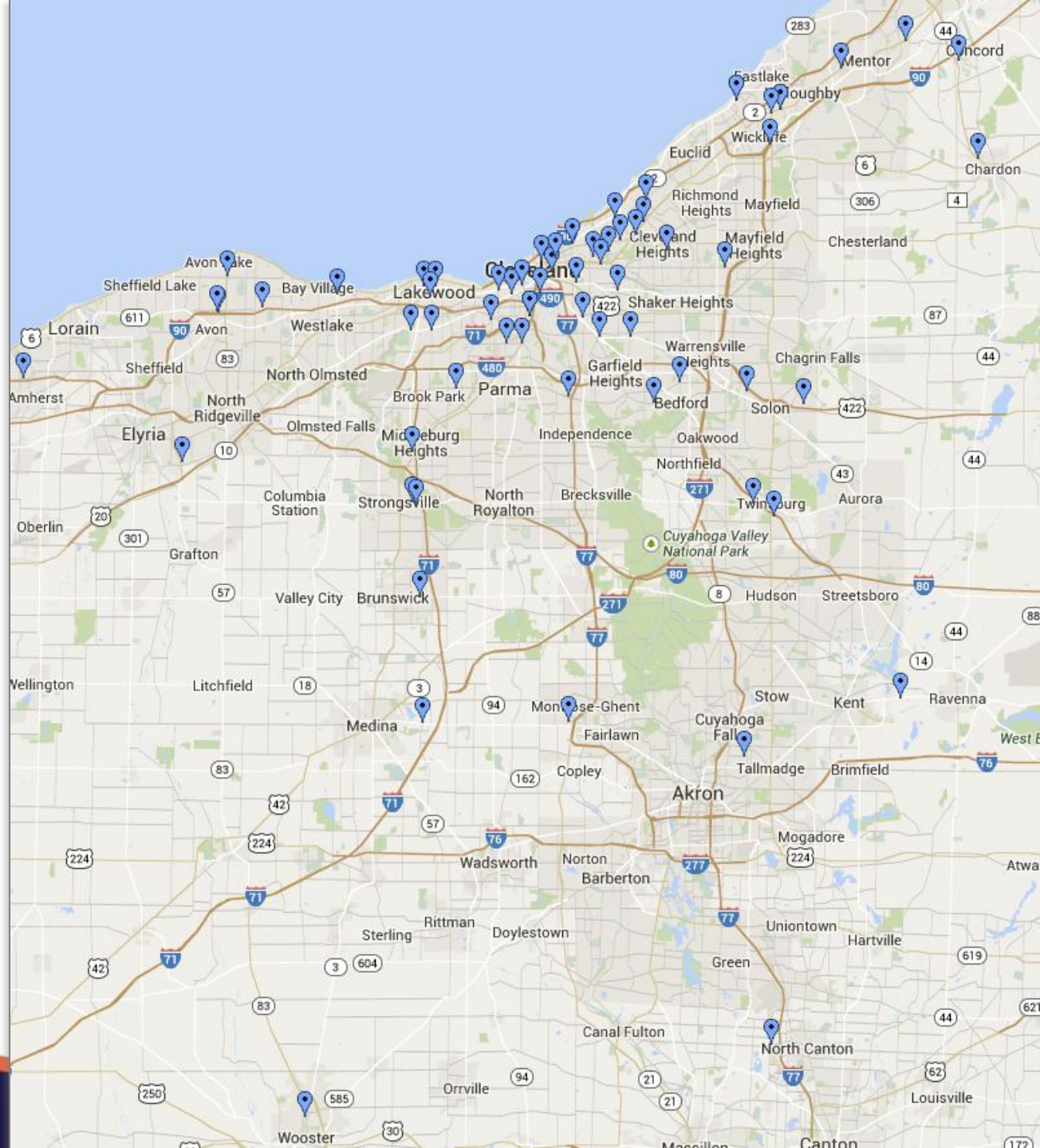


***Better Health***

**PCMH Sites**

**October 2014**

**68 Practices**



# Competitors Collaborating



**15<sup>th</sup> Learning Collaborative Summit**  
**September 26, 2014**



# Helping others to use EMRs to measure and report care

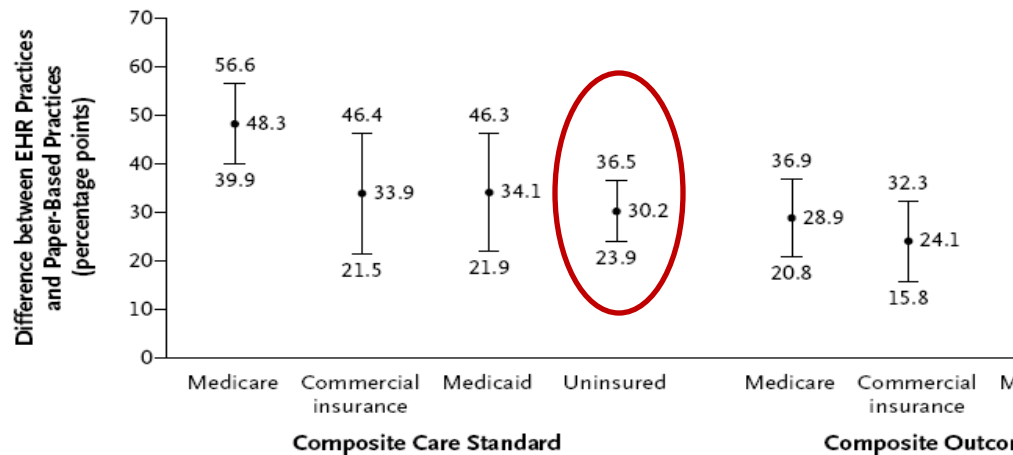


# We documented that EMRs help shorten the path (*better achievement, faster improvement*) and all patients benefit

## SPECIAL ARTICLE

### Electronic Health Records and Quality of Diabetes Care

Randall D. Cebul, M.D., Thomas E. Love, Ph.D., Anil K. Jain, M.D.,  
and Christopher J. Hebert, M.D.



**Dr. Mostashari, National Coordinator  
of HIT for DHHS visited to learn HOW**

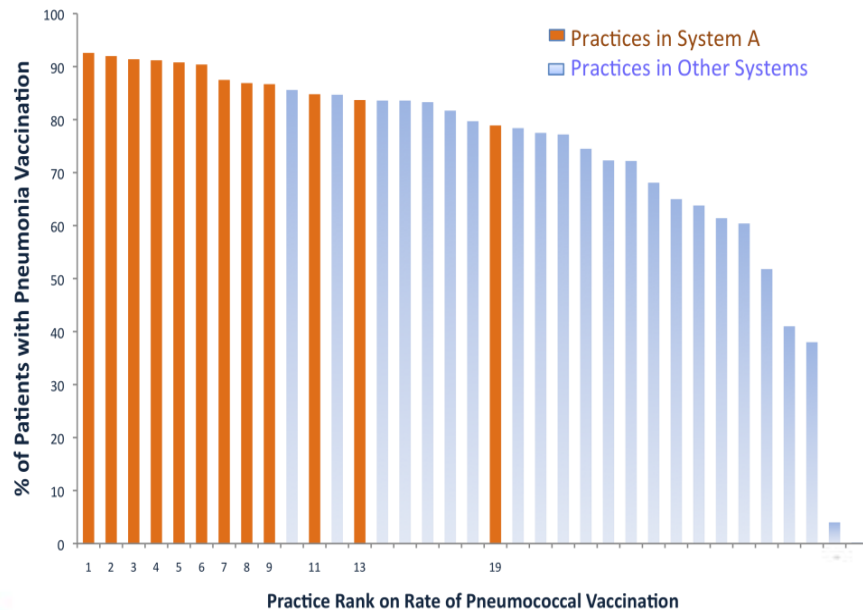


# Using Data to Identify and Disseminate a Best Practice

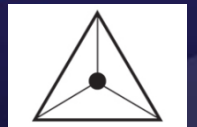
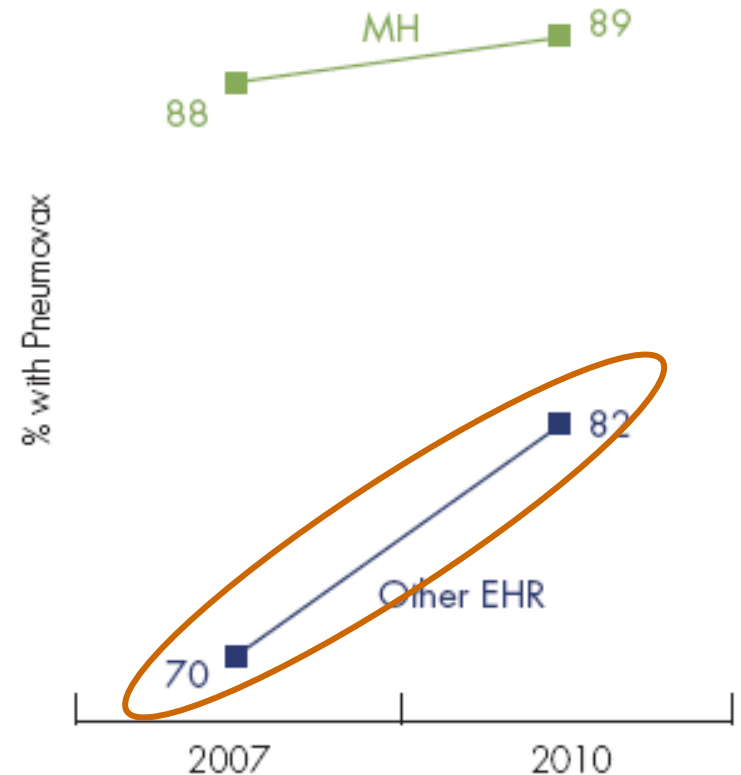
## Vaccinations in Diabetes

2007

Who are those guys?  
How did they do this?



2007 → 2010





# Engaging Employers and Insurers: Value-based Insurance Design Conference

**Mark Fendrick, MD, Director**  
*Center for Value-based Insurance Design*  
**University of Michigan**

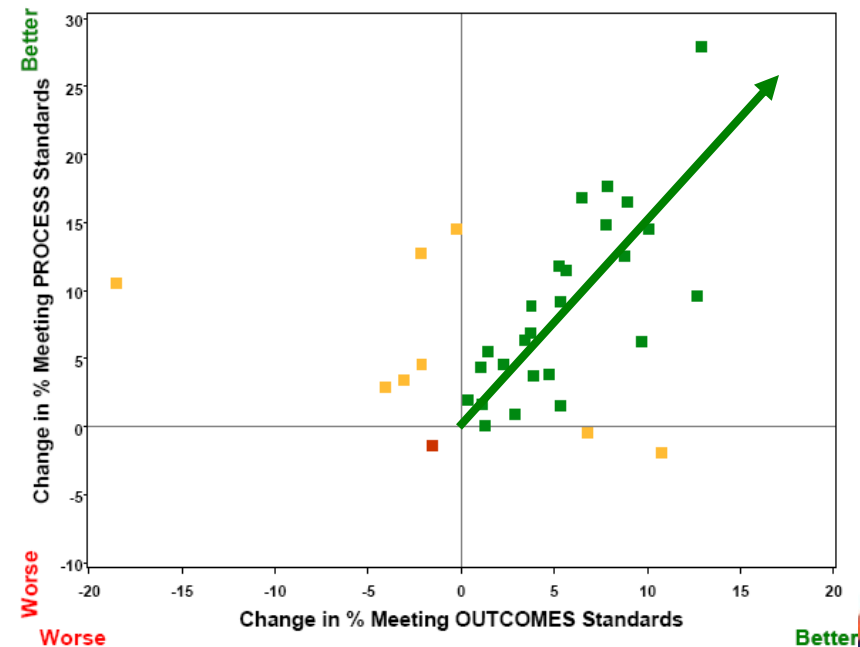


**Rita Horwitz, RN, BSN**  
**Director, Business Development**



# Accountable Patient-Centered Care: Delivering better care and clinical outcomes

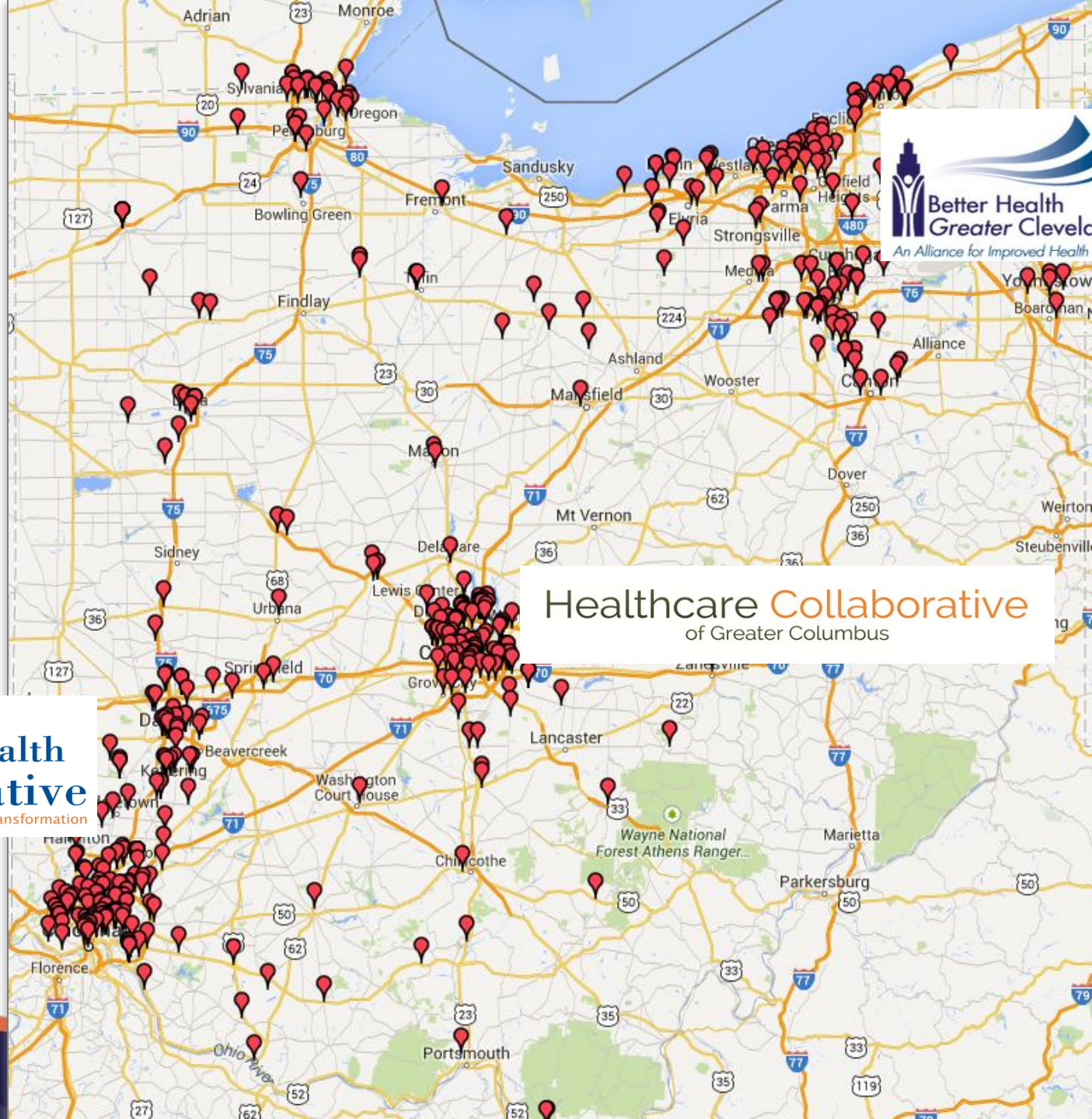
- Doubled practices committed to publicly reporting – 34 to 80.
- 5x more patients reported – from 26,000 to over 145,000
- All but one initial practice has improved on care or outcomes
- > 25,800 More patients w/HBP have good BP control and > 9,300 More diabetics have good lipid control
- 96% of our patients with Heart Failure are on appropriate Rx





# Ohio's PCMH Sites October 2014

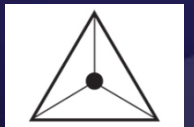
529 Practices



# Thank you

[rdc@case.edu](mailto:rdc@case.edu)

[www.betterhealthcleveland.org](http://www.betterhealthcleveland.org)



# Expansion of the PCMH Model in Ohio

- Organized PCMH Collaboratives in Cincinnati, Columbus, Cleveland
- Need identified in Toledo, Dayton, Akron/Canton and Southeast Ohio regions
- HB 198 drafted 2009-10
- HB 198 - Ohio PCMH Education Pilot Project signed into law June, 2010



## **HB 198: Ohio Patient-Centered Medical Home Education Pilot Project**

### **Learning Collaborative:**

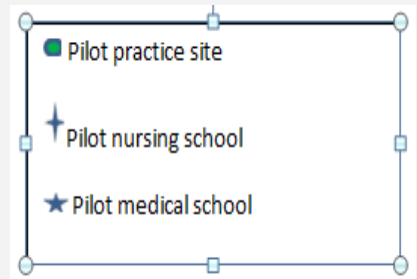
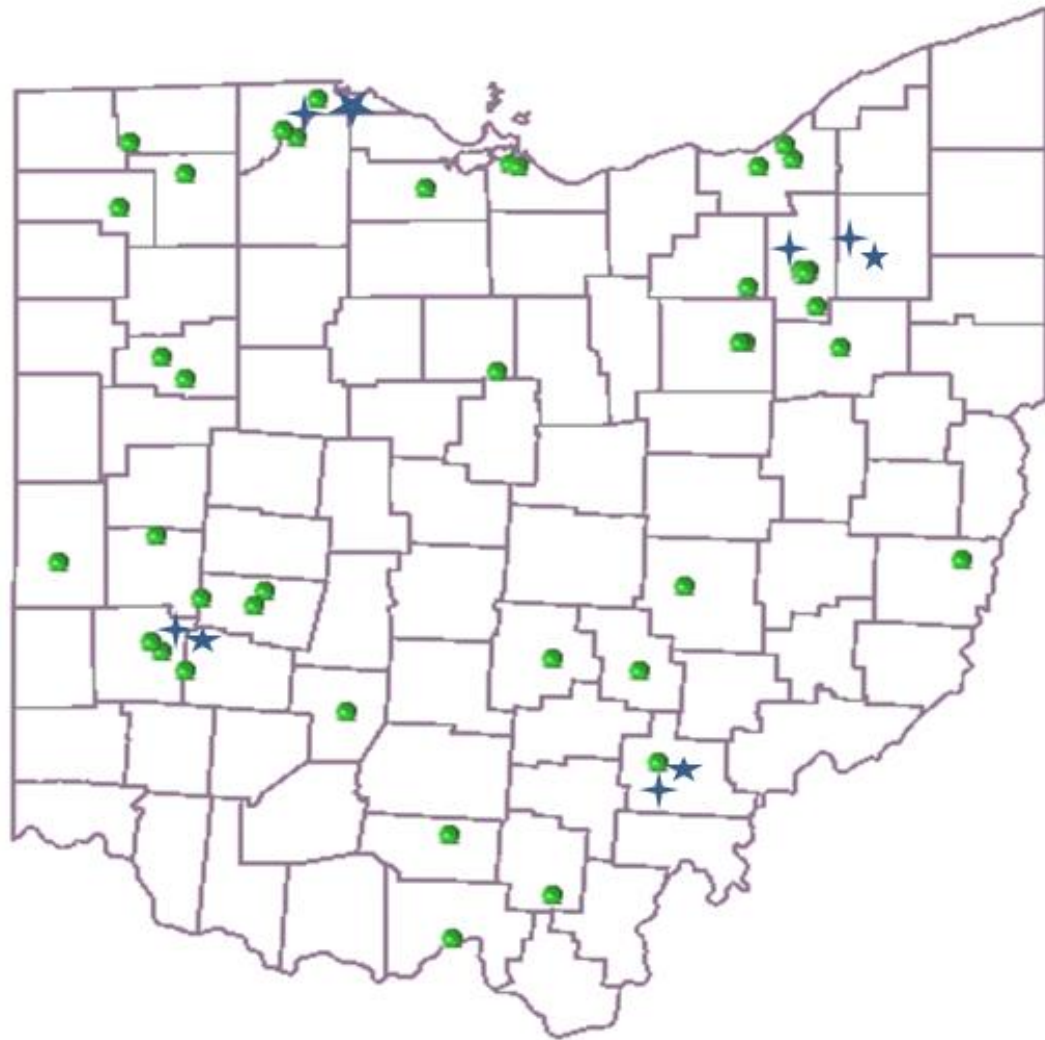
- **42** total practices
- **4** medical schools
- **5** nursing schools

### **Includes:**

- Choose Ohio First Scholarships
- Reimbursement Reform
- Curriculum Reform



# PCMH Pilot Site locations



# PCMH Education Pilot Project

42 practice transformation (started with 51)

- Completed 2 year transformation process with TransformMED in June 2014
- Monthly group calls, webinars, practice calls
- Statewide learning Collaborative meetings
  - Saturday, April 13, 2013
  - Saturday, September 7, 2013
  - Saturday, April 6, 2014

# PCMH Education Pilot Project

## Choose Ohio First Scholarships

- Board of Regents administers
  - 30 nursing students/yr. (divided amongst 5 graduate nursing programs)
  - 50 medical students/yr. (divided amongst 7 schools)
  - Must commit to working in Ohio in primary care for 3 years

# PCMH Education Pilot Project

## Curriculum Reform

- Campuses receive \$25,000 matching funds from Board of Regents
- Medical school meeting - July 11, 2013
- Nursing graduate program meeting - October 10, 2013
- Interdisciplinary meeting - June 4, 2014

# State Leadership in Healthcare Reform

Jan, 2011	Gov. Kasich sworn in
Jan, 2011	Office of Health Transformation created - Greg Moody-Director
Feb, 2011	ODH Director Appointed - Ted Wymyslo MD Cabinet Level Position



- Coordinates communication among existing Ohio PCMH practices
- Facilitates statewide learning in collaborative PCMH practices in Ohio
- Facilitates new PCMH practice startup in Ohio
- Shapes policy in Ohio for statewide PCMH adoption

*Facilitated by the Ohio Department of Health*





## 5 Learning Centers:

- Patient Engagement
- HIT
- Metrics
- Payment Reform
- Communications and Education
- ? Interprofessional Education



# Priorities for Improved Health

■ **Expand Patient-Centered Medical Homes Across Ohio**

■ **Curb Tobacco Use**

■ **Strengthen relationships with external stakeholders**

■ **Enrich work climate at ODH**

■ **Decrease Infant Mortality**

■ **Reduce Obesity**





**Clinical Medicine**

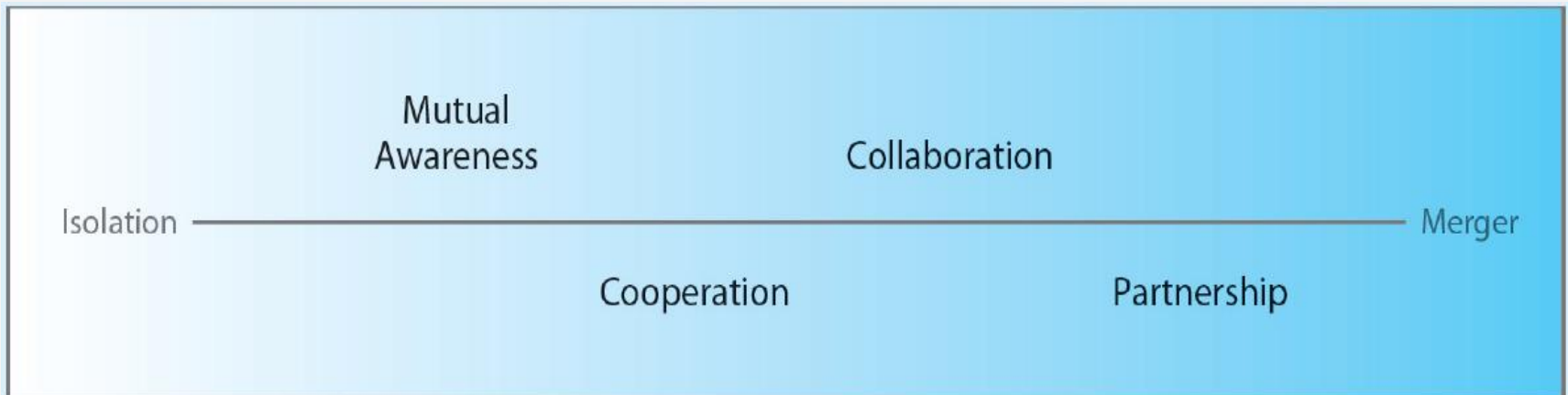
**Public Health**

**TOTAL  
HEALTH**

# IOM—Integration of Public Health and Primary Care

Goal: Optimize population health.

## IOM Continuum of Integration



Primary Care and Public Health Exploring Integration to Improve Population Health” Report Brief,  
[http://www.iom.edu/~media/Files/Report%20Files/2012/Primary-Care-and-Public-Health/Primary%20Care%20and%20Public%20Health\\_Revised%20RB\\_FINAL.pdf](http://www.iom.edu/~media/Files/Report%20Files/2012/Primary-Care-and-Public-Health/Primary%20Care%20and%20Public%20Health_Revised%20RB_FINAL.pdf)

## Where We Are

### Fragmentation

- Multiple separate providers
- Provider-centered care
- Reimbursement rewards volume
- Lack of comparison data
- Outdated information technology
- No accountability
- Institutional bias
- Separate government systems
- Complicated categorical eligibility
- Rapid cost growth

## Where We Need to be

### vs. Coordination

- Accountable medical home
- Patient-centered care
- Reimbursement rewards value
- Price and quality transparency
- Electronic information exchange
- Performance measures
- Continuum of care
- Medicare/Medicaid/Exchanges
- Streamlined income eligibility
- Sustainable growth over time



**Governor's Office of  
Health Transformation**





## Modernize Medicaid

## Streamline Health and Human Services

## Pay for Value

### *Initiate in 2011*

*Advance the Governor Kasich's Medicaid modernization and cost containment priorities*

- Extend Medicaid coverage to more low-income Ohioans
- Eliminate fraud and abuse
- Prioritize home and community services
- Reform nursing facility payment
- Enhance community DD services
- Integrate Medicare and Medicaid benefits
- Rebuild community behavioral health system capacity
- Create health homes for people with mental illness
- Restructure behavioral health system financing
- Improve Medicaid managed care plan performance

### *Initiate in 2012*

*Share services to increase efficiency, right-size state and local service capacity, and streamline governance*

- Create the Office of Health Transformation (2011)
- Implement a new Medicaid claims payment system (2011)
- Create a unified Medicaid budget and accounting system (2013)
- Create a cabinet-level Medicaid Department (July 2013)
- Consolidate mental health and addiction services (July 2013)
- Simplify and replace Ohio's 34-year-old eligibility system
- Coordinate programs for children
- Share services across local jurisdictions
- Recommend a permanent HHS governance structure

### *Initiate in 2013*

*Engage private sector partners to set clear expectations for better health, better care and cost savings through improvement*

- Participate in Catalyst for Payment Reform
- Support regional payment reform initiatives
- Pay for value instead of volume (State Innovation Model Grant)
  - Provide access to medical homes for most Ohioans
  - Use episode-based payments for acute events
  - Coordinate health information infrastructure
  - Coordinate health sector workforce programs
  - Report and measure system performance

# Governor's Advisory Council on Healthcare Payment Innovation

- Convened Jan 2013
- Providers, consumer advocates, purchasers and plans to coordinate multipayer healthcare payment innovation statewide
- CPR principles endorsed - Pay For Value

# Healthcare Initiatives in Ohio

- CMMI - CPCi kickoff - Cinci - 11/12
- CMMI - SIM Planning Grant - 2/13
- Medicaid Expansion in Ohio - 1/14
- CMMI - SIM Testing Grant - pending



# PCMH in Ohio

## A Collaborative Approach to Health Transformation

- Regional Collaboratives - C/C/C
- State Initiatives- Legislature/ Governor's Office/Agencies
- Insurers
- Employers
- Consumer Advocates
- Providers/Professional Associations



## Ohio's Federally Qualified Health Centers & FQHC Look-Alikes



# Thank You!

For additional information  
please visit the OACHC  
website at  
[www.ohiochc.org](http://www.ohiochc.org)

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ACCESS - QUALITY - VALUE