

**CMS Equity Plan for
Medicare**

From Coverage to Care

**C2C Consumer
Resources**

**Prevention
Resources**

**5 Ways to Make the
Most of Your
Coverage**

**Roadmap to Better
Care**

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The Chronic Care
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My Health Coverage at-a-Glance — English (PDF, 442KB)

My Health Coverage at-a-Glance is meant to be customized for an individual consumer specific to your health plan. Know information about your plan, what you pay for health care, and where to go -- all on one page

Spanish/Español (PDF, 430KB)



5 Ways to Make the Most of Your Health Coverage — English (PDF, 119KB)

This checklist is a quick reference on how to make the most of your health coverage.

- **Arabic / العربية** (PDF, 571KB)
- **Chinese / 中文** (PDF, 658MB)
- **Haitian Creole / Kreyòl Ayisyen** (PDF, 116KB)
- **Korean / 한국어** (PDF, 684KB)
- **Russian / Русский** (PDF, 227KB)
- **Spanish / Español** (PDF, 336KB)
- **Vietnamese / TIẾNG VIỆT** (PDF, 367KB)

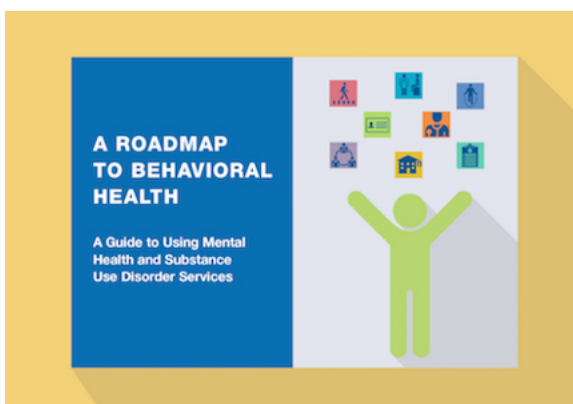


A Roadmap to Better Care and a Healthier You — English (PDF, 983KB)

This roadmap explains what health coverage is and how to use it to get primary care and preventive services so that you and your family live long, healthy lives.

- **Arabic / العربية** (PDF, 613KB)
- **Chinese / 中文** (PDF, 1.2MB)
- **Haitian Creole / Kreyòl Ayisyen** (PDF, 584KB)
- **Korean / 한국어** (PDF, 841KB)
- **Russian / Русский** (PDF, 641KB)
- **Spanish / Español** (PDF, 636KB)
- **Vietnamese / TIẾNG VIỆT** (PDF, 588KB)
- **Tribal Version** (PDF, 721KB)

[Roadmap Materials](#)



A Roadmap to Behavioral Health — English (PDF, 1MB)

Use this companion guide for mental health and substance use service with the *Roadmap to Better Care and a Healthier You*.

• **Spanish / Español** (PDF, 636KB)



Roadmap Poster Tabloid Size 11" x 17" — English (PDF, 170KB)

Track the eight-step journey from coverage to care step-by-step.

- Arabic / العربية (PDF, 613KB)
- Chinese / 中文 (PDF, 1.2MB)
- Haitian Creole / Kreyòl Ayisyen (PDF, 584KB)
- Korean / 한국어 (PDF, 841KB)
- Russian / Русский (PDF, 641KB)
- Spanish / Español (PDF, 636KB)
- Vietnamese / TIẾNG VIỆT (PDF, 588KB)



Roadmap Standard Size 8.5" x 11" — English (PDF, 154KB)

Track the eight-step journey from coverage to care step-by-step.

- Arabic / العربية (PDF, 613KB)
- Chinese / 中文 (PDF, 1.2MB)
- Haitian Creole / Kreyòl Ayisyen (PDF, 584KB)
- Korean / 한국어 (PDF, 841KB)
- Russian / Русский (PDF, 641KB)
- Spanish / Español (PDF, 636KB)
- Vietnamese / TIẾNG VIỆT (PDF, 588KB)



From Coverage to Care: How to Maximize Your Health Coverage

What should you do now that you have health coverage? Watch, download, or share the videos to maximize your health coverage. **Videos are also available in Spanish.**

- From Coverage to Care: How to Maximize Your Health Coverage
- From Coverage to Care: Confirm Your Coverage
- From Coverage to Care: Know Where to Go for Answers
- From Coverage to Care: Find a Provider
- From Coverage to Care: Make an Appointment
- From Coverage to Care: Fill Your Prescriptions



From Coverage to Care: Understand Your Plan Videos

Watch, download or share the videos to help you on your journey from coverage to care.


- Chapter 1 – My New Health Plan
- Chapter 2 – Understand the Plan
- Chapter 3 – Words to Know
- Chapter 4 – Where to Go for Care
- Chapter 5 – Finding a Provider
- Chapter 6 – Making an Appointment
- Chapter 7 – Almost Ready
- Chapter 8 – My First Visit
- Chapter 9 – Like or Dislike
- Chapter 10 – The Day After
- Chapter 11 – The Final Word

Related Content

- The Next Step--Making the Most of Your Coverage

Other Federal Agency Resources



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